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NEW BEAUTY®
MAGAZINE

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DISCOVER THE 10 NEW
AGE-DEFYING SECRETS
how the stars stay young: their beauty teams share their must-have products, diet tricks and more...

HOW JENNIFER STAYS
SEXY OVER 40!
read how she does it on p. 34

THE FASTEST WAY TO A PERFECT
BODY
the instant solution
that will transform your figure forever.

MAKEOVERS.
quick fixes and permanent solutions—
the ultimate guide to restoring youth.

OVER-INJECTED CELEBRITIES
have they gone too far?
doctors disclose how to get the most natural look.

SUPER-CHARGED SKINCARE
5 products that really work!
experts reveal the truth behind the latest beauty claims.

THE PROVEN WAY TO
SLIM YOUR STOMACH IN MINUTES

SUN-DAMAGED
SKIN SAVERS

It's no secret that the sun's rays are responsible for wreaking havoc on the skin—think brown spots, wrinkles and dullness, not to mention more serious conditions like skin cancer. But are there ways to save your complexion? "Prevention is key in slowing the signs of photo-aging, but there are ways to help repair your skin even after it occurs," says Miami dermatologist Andrea Trowers, MD.